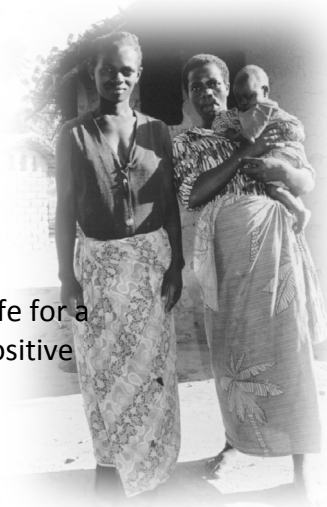


Sometimes Life is a Hard Rock

Life is difficult enough for many of the poor people of Chiwembala, Zambia ---- but life for a widowed mother of eleven children seemed hopeless ---- until she discovered the positive change that Outreach International's Human Development Program can bring.



In a little village in the district of Chiwembala outside Chingola, Zambia, one of Outreach International's field staff members facilitates a human development program. She is working with a small developing group of women who call themselves, "God Helps Those Who Help Themselves." The following brief story is about one of the group's newer members:

"One of the women in our group was widowed five years ago and was left with eleven children. Life was a hard rock to break for her. She would cry and wonder how she would feed the eleven children, pay their school fees and cover any medical expenses. The members of the group visited her regularly, always inviting her to attend their meetings. Eventually, the woman began attending some meetings. She is now one of the most active members of the group. The woman discovered she can do something from nothing. With the encouragement of the group, the woman now sells fruit drink and used clothing and rents out part of her home as sources of livelihood. Her face is a smiling one. She can at least offer one meal a day to her children. The woman is now coordinating the activities of the group and is proud to be a part of it."